

Goal Setting

Get the most from your NDIS work placement



FUTURE ALLIES

Developing tomorrow's NDIS Allied Health professionals

Goal Setting

Why set goals?

Setting goals is a great way to give you specific direction, focus and motivation for your placement.

Goals will enable you to make the most of every learning opportunity.

Goal setting with the NDIS Provider, the NDIS Participant and their supporter will enable everyone to benefit from an NDIS work placement.



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Mutually beneficial goals for NDIS work placements

- Universities and Placement Educators will work with students to set goals for placement focused on 'general skills' such as communication, initial assessment, needs identification and documentation and funding application processes as relevant .
- Universities and Placement Educators should collaborate with the NDIS Providers to establish which 'general skills' are the most relevant to the NDIS Provider and the type of placement.
- Students should identify one or two key goals with the NDIS Provider and, where appropriate, the NDIS Participant and their supporter to achieve a beneficial outcome for all stakeholders.
- Students should check back with their Placement Educator to ensure any goals set with the Provider and Participant are appropriate for the type of placement, their level of experience and are achievable.



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Students - Goals for placement.

- Your University will have specific goals for each placement but it is good practice to develop several goals for yourself.
- Set at least one goal prior to or when you begin placement with the NDIS Provider and, if appropriate, with the NDIS Participant
- Share your goals with your Placement Educator and your NDIS Provider. Their knowledge and experience will help you be successful at your goals.
- Don't be afraid to review and revise your goal/s while on placement.
- If you successfully attain your goal early in the placement set another goal to drive your learning further.



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Writing an effective goal

- An effective goal will use clear, specific language.
- Start your goal statement with TO and a VERB or I Will and a VERB.
- Avoid using negative language. Think positive!
- If you are finding it difficult to write your goals use the SMART goal writing tool provided on the www.futureallies.com website



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References

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