



# Recording and monitoring your goals

## Get the most from your NDIS work placement

SMART goals are:

- Specific** The goal should identify a specific action or event that will take place.
- Measurable** The goal and its benefits should be quantifiable.
- Attainable** The goal should be achievable given available resources.
- Realistic** The goal should require you to stretch some, but allow the likelihood of success.
- Time Based** The goal should state the time period in which it will be accomplished.

<b>SMART Goal:</b>	<b>Indicators/Evidence:</b> Evidence you will have to show you achieved the goal	<b>Actions:</b> Sequenced steps describing the actions you will take as you work towards achieving the goal.



<b>SMART Goal:</b>	<b>Indicators/Evidence:</b> Evidence you will have to show you achieved the goal	<b>Actions:</b> Sequenced steps describing the actions you will take as you work towards achieving the goal.
<b>Other aims you may have for the NDIS Placement:</b>		

Student: \_\_\_\_\_

Date: \_\_\_\_\_

Placement Educator: \_\_\_\_\_

Date: \_\_\_\_\_

NDIS Provider: \_\_\_\_\_

Date: \_\_\_\_\_